

SSL Meet Schedule 2008-2009

Oct. 3,4 “Autumn Sunrise meet’ - home.....Gr. 1,2,3,4
(Volunteers needed , see Heidi)

Nov.14,15,16 Viking Aquatic Club.....Gr. 1,2,3,4
(Valley Central High School - Montgomery, NY)

Dec. 13,14 Newburgh Sharks.....Gr. 1,2,3,4
(NFA - Newburgh, NY)

Jan. 9,10,11 Aqua gems.....Gr. 1,2,3,4
(Washingtonville high school)

Feb. 13,14,15 condors.....gr. 1,2,3,4
(Felix Festa Middle School – West Nyack, NY)

Feb. 19,20,21,22 Senior Mets.....qualifying meet
(Lehman College – Bronx, NY)

Feb. 27 – Mar. 1 Zone Quals.....qualifying meet
(Lehman College – Bronx, NY)

Mar. 6, 7, 8 Silvers.....qualifying meet
(Valley Central High School - Montgomery, NY)

Mar, 12, 13,14 15 Sectionals.....qualifying meet
(Harvard)

Mar. 27,28,29 Junior Olympics.....qualifying meet

**Qualifying meets are for those swimmers who have made the time requirements for that meet. Coaches will inform swimmers if they have made the meet.

Qualifying times are available for each meet at the Metro Swim website which is a link from our SSL website. (suffernsealions.org)